

Circle the answers that best apply to you. There are no right or wrong answers in this quiz.

Questions

5 - Often 3 - Sometimes 1 - Seldom

1. I remember information better when lectures contain explanations and discussion rather than without.	5	3	1
2. I learn information more easily if it is written	5	3	1
3. I like to take notes and write down the information I need.	5	3	1
4. I enjoy posters and models in the classroom.	5	3	1
5. I need verbal explanations of diagrams and graphs.	5	3	1
6. I enjoy working with my hands.	5	3	1
7. I enjoy making graphs and charts.	5	3	1
8. I am able to tell if sounds match when presented with pairs of sounds.	5	3	1
9. I remember best by writing things down several times.	5	3	1
10. I can follow directions on maps.	5	3	1
11. I do better at academic subjects by listening to lectures and tapes.	5	3	1
12. I like to play with coins, keys or other things when learning.	5	3	1
13. I learn to spell better by repeating the words out loud than by writing them down.	5	3	1
14. I understand a news item better by reading the newspaper than listening to the radio.	5	3	1
15. I chew gum or snack when I study.	5	3	1
16. I feel that best way to remember something is to picture it in my head.	5	3	1
17. I learn how something works by taking it apart and putting it back together.	5	3	1
18. I would rather listen to a lecture than read the same material from a textbook.	5	3	1
19. I am good at solving jigsaw puzzles and mazes.	5	3	1
20. I grip objects in my hand when learning.	5	3	1
21. I prefer listening to news on the radio rather than reading about it in the paper.	5	3	1
22. I prefer to get information by reading about it.	5	3	1
23. I enjoy classes with physical activities and movement.	5	3	1
24. I follow verbal instructions better than written ones.	5	3	1

Visual	Auditory	Tactile
2	1	4
3	5	6
7	8	9
10	11	12
14	13	12
16	18	17
19	21	20
22	24	23
Totals		

The column with the highest score indicates your most preferred learning style.